



Arizonans *are* Concerned About Smoking  
*We Welcome* The Surgeon General



PUFFING RESTRICTED

# No-Smoke Bill Becomes Law



Governor Williams signed a bill today that makes Arizona among the first states to prohibit smoking in many public places.

But the restriction was softened by the Legislature to exclude bars, restaurants and cafeterias. It would ban smoking in elevators, indoor theaters, concert halls and public transit systems.

SEN. DOUGLAS Holsclaw, R-Tucson, was prime sponsor of the measure which had nearly a dozen other Senate and House members as co-signers.

Prime force behind introduction of the bill, an earlier edition of which died last year, was Mrs. Herbert Carnes of Scottsdale, who has campaigned for several years to prohibit smoking on airlines and in other public places. She and several other sponsors were present as the governor signed the bill into law. It will become effective 90 days after the Legislature adjourns.

"This bill would not have passed had it not been for the wonderful support of several members of the press," said Mrs. Carnes. "This is a memorable occasion for which hundreds of thousands of Arizonans will be eternally grateful."

OTHER SUPPORTERS included columnist Erma Bornbeck and Dr. Edward Diethrich, famed open heart surgeon who heads the St. Joseph's Hospital Arizona Heart Institute.

One non-smoking bill victory behind her Mrs. Betty Carnes remarked, "Next year we will go for non-smoking sections in restaurants."

**Today's** *Woman*

# Mrs. Carnes still fighting

Scottsdale's Betty Carnes is a very special person. She is one of those rare human beings with the courage to fight for principles when others cannot be bothered.

A few years ago Mrs. Carnes began a campaign against smoking in public places. At first few people took her seriously. Some members of the Legislature even laughed behind her back.

Now they no longer laugh. Instead they listen.

Last year Mrs. Carnes convinced the Legislature to pass a law limiting smoking in certain public places. But it did not go far enough, she argued. And this year

legislators again feel the brunt of her righteous wrath.

The Senate Health and Welfare Committee has approved a bill prohibiting smoking in doctors' waiting rooms and public health facilities.

Mrs. Carnes' version of the bill faces a tough fight. If it clears both houses, smoking will be controlled in public lecture halls, public places in health facilities, buses, elevators, libraries and similar places.

Her campaign shows what one dedicated citizen with a good cause can accomplish. It is a lesson in civic participation which this confirmed pipe smoker applauds.

## IN MEMORIAM: BETTY CARNES, 1905-1987

C. STUART HOUSTON

*863 University Drive, Saskatoon, Saskatchewan S7N 0J8, Canada*

Betty Carnes, born Lucille H. Canter at Washington, D.C., on 7 February 1905, died at Scottsdale, Arizona, on 15 October 1987.

Betty's first marriage, at 16 years of age, did not last. Her second husband, Herbert E. Carnes, strongly supported her enthusiastic, high-profile work for volunteer agencies. These activities began with the New Jersey State Garden Clubs in 1941 and the New Jersey Audubon Society, where her idea of selling stationery items decorated with natural history subjects raised \$800,000 within a few years. She became president of each organization in turn.

Betty's growing interest in birds led her to join the A.O.U. and the Wilson Ornithological Society in 1944. In 1955, two years after serving as chairperson of the Endowment Committee, she was one of the first women to become an A.O.U. Elective Member, as this category is now designated. She became a patron of the A.O.U. in 1952.

Under the tutelage of Cleveland Grant, Betty learned bird photography and traveled to 27 countries to observe and photograph birds. She banded 10,000 birds and claimed to be the first

woman to have banded a Peregrine Falcon. In addition to four international ornithological congresses, Betty attended more consecutive meetings (39) of the A.O.U. than anyone else.

She single-handedly arranged for the first three rows of nonsmoking seats on any scheduled carrier (American Airlines, New York to Phoenix, beginning 8 August 1971), and thus began a world-wide social revolution. She then spearheaded a campaign that in May 1974 made Arizona the first state to prohibit smoking for health reasons in many public places.

Herbert and Betty moved from Tenafly, New Jersey, to Scottsdale, Arizona, in 1960. Their attractive three-acre home grounds in Scottsdale, a nature preserve with ponds for beautiful and rare species of domesticated waterfowl, was visited regularly by aviculturists, horticulturalists, and garden clubs. Herbert and Betty Carnes scholarships for outstanding students of ornithology began a few years after Herbert's death on 10 February 1978. Betty's will has directed the Arizona Community Foundation to continue scholarships in perpetuity.





# EXECUTIVE DIRECTOR'S REPORT AND LATE-BREAKING NEWS

**AIRLINE SMOKING:** As we go to press the US Senate is prepared to vote on a bill which would—for an experimental 3 years—*ban all smoking on flights scheduled to last 2 hours or less* [about 80% of all flights]. It was proposed by Frank Lautenberg (D-NJ), and modeled after a bill in the House, sponsored by Richard J. Durbin (D-Ill.) and C.W. Bill Young (R-Fla.), which would provide a permanent rather than a 3-year ban. The bill, part of a measure authorizing \$11.2 billion in transportation spending, was reported from the Senate Appropriations Committee by a 17-12 vote. The House version was passed 198 to 193.

**NOW WHAT?:** The measure's future is uncertain because *Senator Jesse Helms (R-N.C.) has threatened a filibuster*, and because tobacco-growing states have proportionally more power in the Senate. PERSONS WISHING TO AFFECT THE CHANCES OF PASSING THE BILL SHOULD WRITE THEIR U.S. REPRESENTATIVE AND BOTH THEIR U.S. SENATORS. Meanwhile *California has banned smoking on all flights originating and ending in that state, effective January 1, 1988.* MEASURES SUCH AS THIS ENACTED IN OTHER STATES WOULD PUT PRESSURE ON AIRLINES TO BAN SMOKING.

**BETTY CARNES FUND:** The first contributor to the BETTY & HERBERT CARNES ENDOWMENT FUND was *Rita Addison*, a Boston-based nonsmokers' rights champion and President of Clean Air Associates, who *followed in Betty's footsteps*. She wrote: "May we each remember the path Betty blazed. The courage she had to have—to start the battle we all must continue."

I'd like to think she'll offer her strength and fortitude to all in the on-going struggle to stop all nonsmokers' suffering. Thanks, Betty, *We'll continue the fight.*" PLEASE HELP TO ENSURE THAT BETTY'S PIONEERING WORK WILL CONTINUE—PLEASE SEND A GENEROUS CHECK TODAY TO ASH, AND MAKE IT PAYABLE TO "ASH/BETTY AND HERBERT CARNES ENDOWMENT FUND."

**WATCH OUT!** The tobacco industry is reportedly trying the *same dirty trick in NEW JERSEY which worked in CALIFORNIA* [see p. 14]: a *secret deal to pass legislation* barring suits against tobacco companies. Elsewhere it is seeking state laws prohibiting [preempting] cities, countries, and towns from passing anti-smoking ordinances: e.g., limiting public smoking, or prohibiting cigarette giveaways. **WATCH OUT, AND LET YOUR STATE LEGISLATORS KNOW HOW YOU FEEL ABOUT SUCH TACTICS!**

**FEDERAL AGENCIES ACT** to restrict smoking in different ways. Health and Human Services [HHS] will *ban all indoor smoking* beginning August 25th. At the Environmental Protection Agency, smoking will be allowed in *restrooms on every third floor* of the high EPA headquarters. At the Department of Defense, *smokers will be confronted by armed guards*. At the State Department, smoking is allowed only in private offices and in designated areas of cafeterias, although overseas posts are supposed to try to accommodate "cultural norms." **PROBLEMS WITH ENFORCEMENT OF THE GSA REGS?: CALL ASH FOR ASSISTANCE AND INFORMATION.**



those words. The rest, as they say, is history.

That simple message has now been translated into dozens of different languages, and is used by virtually all of the antismoking and nonsmokers' rights organizations. Millions have been produced and distributed, and no doubt have protected many people from lung cancer and the other hazards of ambient tobacco smoke without offending friends and visitors. In short they worked, just like most of Betty's ideas!

But did Betty rest on her laurels, or refuse to admit that her chosen language was less than perfect? Not at all! Many years later Betty came to me and pointed out that some smokers could misunderstand the sign, thinking it meant that they should not smoke at all. And while that's what we might hope, it obviously was not exactly what we meant.

So, said Betty, rather than risk antagonizing even a small percentage of smokers, why not make it clear what we mean. The sign should read "THANK YOU FOR NOT SMOKING HERE" rather than simply "THANK YOU FOR NOT SMOKING." Once again Betty was right, as she usually was. And more importantly, she was there when we needed her!



## SOME OF BETTY CARNES' ORNITHOLOGICAL ACCOMPLISHMENTS

- First woman to band Eagles, Peregrine Falcons, and a Great Horned Owl (which bit off part of her ear)
- established a bird-banding station at her home in New Jersey, and recorded 147 species of birds which visited
- researched and identified some 14,000 birds from India and Afghanistan
- first woman president of the New Jersey Audubon Society, and established their first headquarters
- obtained three new bird sanctuaries in New Jersey
- sold over \$3 million in cards and stationery with bird, wildflower and nature designs
- launched a line of stationery and



cards with bird, wildflower, and nature designs which sold in the millions of dollars, with the profits to help conservation

- studied birds from the frozen tundra of Lapland, 150 miles above the Arctic Circle, to South American jungles
- first woman president of the American Ornithological Union
- US representative to the International Ornithological Congress in 1950, 1954, and 1958
- appointed to the Council and Administrative Board for Cornell University Laboratory of Ornithology
- received an Honorary Degree of Doctor of Humane Letters from Keuka College, Rochester, NY



*Our Purpose Is  
To Save Lives*

## “REMEMBERING BETTY CARNES DAY”

SCOTTSDALE CITY HALL, OCTOBER 30, 1997, 5:30 PM

### FOUNDERS

Herbert & Betty Carnes

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Leland Fairbanks, M.D.

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Alex Romero

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Patricia Morris

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### EXECUTIVE DIRECTOR

Donald Morris, Ed.D.

**5:30 p.m. Reception** Welcome & "Remembering Betty Carnes" Remarks by Mayor Sam Kathryn Campana and Councilmember Mary Manross

Welcome & "Remembering Betty Carnes" Remarks by Leland L. Fairbanks, MD, ACAS President

"Remembering Betty Carnes" Remarks by Donald N. Morris, Ed.D, ACAS Exec. Dir., and invitation to guests to meet and talk with Dr. Banzhaf and ACAS Officers & Trustees while sharing refreshments. (Also please sign our guest book and view the pictures and historical items, documents, and news clippings about Betty Carnes and ACAS programs & efforts since Betty founded our group in 1966.)

### Presentation of "Remembering Betty Carnes Day" Proclamation

**6:00 p.m.** Introduction of ACAS "Old-timers" and persons who worked with Betty Carnes

Introduction of our **First Annual Betty Carnes Memorial Youth Award** winner, **Kathryn A. Komar**, Chairperson, Arizona Anti-Tobacco Teen Action Coalition (ATTAC) and presentation of the plaque and scholarship award by Alex Romero, ACAS Vice President

Introduction of **John F. Banzhaf III, Executive Director of Action on Smoking & Health (ASH) and Professor of Law at George Washington University, Washington, DC** and presentation of our **First Annual Betty Carnes Memorial Award for national and world leadership** "in education and legal measures to protect people around the world from the hazards of tobacco smoke", by Dr. Fairbanks

Address by Professor Banzhaf, **Remembering Betty Carnes: A Look Back and A Look Forward - "Our Purpose Is To Save Lives"**